

Fees

A compulsory Government administration fee applies to Community Health services. This is not a fee for services and cannot be claimed from your health fund.

Clients are required to pay on the day of each visit. Your co-operation with this procedure is appreciated.

Clients are charged at minimum rates (some exclusions apply, please discuss with your clinician).

For more information contact
Tongala Health on 5857 0245

Clients who do not attend an appointment, or give less than 24 hours notice of cancellation, will be charged fee. If you cannot keep your appointment for any reason, please contact our reception with 24 hours notice on:

Tongala Health – 5857 0245
Kyabram Health – 5857 0200

Tongala Health Open Hours

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|-----------|---|
| Tuesday | 9.30 - 2.30pm (reception) |
| Wednesday | 8.30 – 4.30pm |
| Thursday | 8.30 – 4.30pm |
| Friday | 8.30 - 4.30pm 2 nd /4 th of month |



Tongala Health
37 Mangan St, Tongala VIC 3621
Ph. (03) 5857 0245
After hours ph: (03) 5857 0200
Email. chtongala@kyhealth.org.au



Reviewed: November 2015



www.kyhealth.org.au

Healthy Community.
Local Care.



For more detailed information on our services please go to our website:
www.kyhealth.org.au

Community Health Nurse

Wednesdays, Thursdays & every 2nd/4th Friday

- Health Screening
- Initial Health Needs Contact
- Linking Available Services
- Referrals
- Health Promotion
- Blood Pressure Checks
- Health Coaching
- Education on disease prevention
- Home Visits (for eligible clients)

Social Worker & Counselling Services

Mental Health Issues
Grief & Loss
Family Violence
Anger Management
Personal Development
Positive Parenting
Bullying
Youth Issues
Group Sessions

Sessions can be made at Tongala Health by appointment.

Well Women's Clinic

Pap testing, breast self-examination instruction, pregnancy testing, information on contraception, menopause, incontinence, osteoporosis and STD's.

Private appointments Wednesdays only

Please contact Tongala Health for up-coming appointment dates

Dietitian

The dietitian can help you make informed and practical choices about food and your lifestyle to enhance your wellbeing and assist in the dietary treatment of disease.

Sessions can be made at Tongala Health by appointment with a doctor's referral.

Speech Pathology

Speech Pathologists are trained to assess, treat and help people of all ages who have communication and swallowing difficulties.

Sessions can be made at Tongala Health by appointment.

A Group for You?

Strength Training Sessions – Wed Mornings
Bloke's Muster Social Event - All men welcome
Tongala Walking Group - Thursday Mornings

Health Promotion

- Education on Health Risks
- Falls Prevention
- Physical Activity
- Quit Smoking
- Plans & Resources

Visiting Services

Maternal and Child Health
Immunisation- Shire of Campaspe

For further Information please contact Shire of Campaspe on

Ph: 1300 666 535 or (03) 54581 2200

Other Services Available Kyabram Health

Physiotherapy
Well Women's Clinic
Generalist Counsellor / Social Worker
Diabetes Educator
Speech Pathology
Occupational Therapy
Dietitian
Pulmonary Rehabilitation
Asthma Education
CECIS - (Campaspe Early Childhood